TO: OUHSC STUDENTS

FROM: JUDY DAVIS MA
STUDENT HEALTH SERVICES, OUHSC

SUBJECT: POST–EXPOSURE EMERGENCY TREATMENT

If an OUHSC student or a visiting student experiences a blood/bodily fluid exposure, the student should follow his/her colleges established reporting protocol. If the exposure takes place Monday through Friday between 8:30 a.m. and 4:30 p.m. the student shall report to the Family Medicine Center Student Health Clinic (SHC) within one hour of the incident to see Judy Davis, MA. Ms. Davis has been trained in the management of blood/bodily fluid exposure per OUHSC protocol. The SHC is located within the Family Medicine Center’s “Green Clinic” at 900 NE 10th Street. The SHC phone number is 405-271-2577. Any visiting or observing student who has not paid the OUHSC Student Health Care fee shall follow the instructions for “after hours exposure” outlined below.

If Judy is not available, the student shall report their exposure to the clerical staff at the SHC. Staff will arrange for the student to be evaluated by a Family Medicine Clinic provider seeing patients the day of the incident in one of the FMC’s clinics.

The student shall receive hepatitis B surface antibody, hepatitis C antibody, and HIV antibody tests in order to determine the student’s immunity status, establish base lines, and guide treatment. If the patient is to be placed on HIV post-exposure prophylaxis (PEP), a master chemistry panel (CMP), complete blood count with differential (CBC), routine urinalysis, and a urine pregnancy test (for females) shall also be ordered. In addition, a tetanus-diphtheria or a tetanus-diphtheria-acellular pertussis vaccination may be in order. If applicable, up to seven days dosage of HIV post-exposure prophylaxis initially shall be prescribed. The cost of lab testing and prescriptions are the financial responsibility of the student and/or the student’s health insurance carrier.

When a student experiences an exposure “after-hours”, on weekends, scheduled holidays, or during other times when the Family Medicine Center’s Clinics are closed, the student should immediately present to the Emergency Department of the facility where the student is on a clinical rotation to seek treatment. At that facility, the student should report to the clerical staff their exposure incidence and the need for urgent evaluation and receipt of medication if applicable. The student should also have a hepatitis B surface antibody test at that time in order to facilitate the determination of immunity status and guide treatment. A tetanus-diphtheria or a tetanus-diphtheria-acellular pertussis vaccination may be in order. Up to seventy-two hours of HIV post-exposure prophylaxis medications may be prescribed at that facility if appropriate. The following weekday morning, the student shall contact Judy at the Student Health Clinic to
complete an incident report and receive base-line hepatitis C and HIV antibody test, and instructions for further laboratory testing and/or medications. In Ms. Davis’ absence, the Student Health Center clerical staff shall arrange an appointment for the student to be seen at that time in one of the Family Medicine Center’s clinics.

Post-exposure emergency treatment, whether provided in the Student Health Clinic, Family Medicine Center Clinics or an Emergency Department, are the financial responsibility of the student. The office visit in the FMC is the only portion of the provided services covered by the Student Health fee. This policy is effective whether the exposure occurs on the OUHSC campus/clinical sites or at another hospital or clinic outside of the OUHSC such as the Rural Preceptorship or an off-campus elective.

Whether the emergency treatment is facilitated through Ms. Davis, a Family Medicine Clinic physician, or the clinical rotation site, the student shall always report the exposure incident to Judy who will file an incident report. This provides the documentation that will allow her to receive all initial laboratory test results, receive updates on the testing of the exposure source, and to make arrangements for any additional laboratory testing and medications.

Student Health Services reminds students that needle stick insurance is available as a separate policy through the Macori insurance company. Information is available from SHC 405-271-2577 or at OUHSC Student Affairs 405-271-2416.

Thank you for your attention to this matter.

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