

FOCUS

July 2016

Milestone In Cancer Care

This summer marks the fifth anniversary of the official opening of the Stephenson Cancer Center, a fact that may not seem particularly remarkable without context. But the story of the cancer center is quite remarkable and a brief overview of its history shows why this anniversary is a milestone event.

In the wake of a landmark settlement following a 1998 lawsuit filed against the mammoth tobacco industry, Oklahoma was the first and only state among the 46 plaintiff-states to establish a trust fund for settlement payments, creating a tool to address Oklahoma's poor health status for long-term improvement. The constitutionally protected Tobacco Settlement Endowment Trust ensures that most of the settlement payments are invested in order to generate earnings. Those earnings become grants, awarded to worthy health-related projects, chief among them, cancer research initiatives in the state.

It was 2001 when a strategic plan for an academic cancer center was initially drawn by the Oklahoma Legislature and other state officials. These leaders charged the University of Oklahoma with leadership responsibility in pursuing cancer research, prevention, treatment and education: to make world-class cancer care available and accessible within the borders of our own state. The vision began to gain substance and direction.

There was also a directive that the university should seek designation by the National Cancer Institute as a Comprehensive Cancer Center, considered the gold standard of research and care. The availability and level of research funding is a major factor in obtaining NCI designation. Grant funding from TSET – a five-year award that may exceed \$50 million during the grant period — is a critical consideration for NCI designation.

The University Hospitals Authority and Trust is another major supporter of cancer research. Its initial multi-million dollar investment in the early development of

the cancer center served to sustain research projects while clinicians were recruited. The magnitude of support provided by both of these entities demonstrates strong commitment to the cancer center's mission with substantial funding on an annual basis.

A huge next step occurred in 2004, as voters approved a state question authorizing the use of tobacco taxes as a funding source for construction of a clinical research and treatment facility in Oklahoma City. More than \$90 million from tobacco taxes was dedicated to facility construction. When development began in 2008, the project marked the single largest public-private biomedical initiative in state history.

A \$12 million gift - the largest in OU's history at that time - to benefit cancer programs in the state, was made by Peggy and Charles Stephenson of Tulsa. The Board of Regents acknowledged this act of generosity and genuine commitment by naming the facility in their honor.

It's not an exaggeration to say that many thousands of patients have been cared for at the cancer center in these past five years. Each one has had the benefit of a uniquely personal treatment plan; each has received the care of a team of multidisciplinary specialists; each found guidance and support for every step of the journey, from diagnosis, through treatment and into recovery. And all of these experiences, including the most advanced treatments available, provided by nationally renowned specialists in every area of oncology, happen here in Oklahoma City.

Today, the Stephenson Cancer Center consistently ranks among the top five cancer centers in the nation for patients participating in NCI-sponsored clinical trials. It is one of 30 designated lead academic sites in the National Cancer Institute's National Clinical Trials Network.

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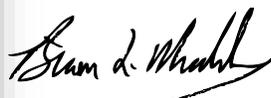
Answering the mandate given at its inception, the cancer center is now in preparation to apply for official NCI designation as a comprehensive cancer center. Achieving this designation is more than significant; an NCI-designated center is considered part of the backbone of programs for studying and controlling cancer. A comprehensive cancer center must demonstrate scientific leadership, dedicated resources, and an exceptional degree of depth and breadth of research in basic, clinical and/or population science.

Research at Stephenson is supported by \$48.7 million in annual funding from NCI, TSET and other sponsors, and 200 research members are conducting more the 215 research projects at institutions across the state. Since 2011, nearly 30 physicians, specialists in medical oncology, surgical oncology and radiation oncology, have been recruited by the center. In addition, as many as two dozen nationally funded researchers have been recruited from other prestigious centers and now carry on their work at Stephenson.

Comprehensive care encompasses so much more than providing state-of-the-art diagnostic and treatment capability. It is a defining characteristic of the Stephenson Cancer Center. At Stephenson, patients find support to maintain quality of life as they manage unique and perplexing challenges that accompany a cancer diagnosis and treatment. The Supportive Care Program includes pain and symptom management, rehabilitation, cancer genetics, access to nutritional and psycho-oncology counseling, in addition to the specialized expertise of oncology social workers. The facility itself works to make these services possible, designed to meet not only medical needs, but also emotional and practical needs. From the flow of its interior spaces with warm, welcoming colors and furnishings, to serene gardens, sanctuary, salon and full service restaurant, the cancer center delivers.

Under the direction of Robert Mannel, M.D., the mission of the Stephenson Cancer Center is being fulfilled: to improve and extend the lives of cancer patients through patient-centered, comprehensive care; conduct innovative basic, translational and clinical research; raise the level of cancer awareness and prevention among individuals and populations; educate the next generation of cancer health care professionals; and serve as a statewide resource for patients, researchers, health professionals and communities.

Its goal — to improve and extend the lives of cancer patients by making the finest cancer care available to Oklahomans and others throughout the region — has been achieved and more. Fueled by a vision, the Stephenson Cancer Center has become a place of hope. With an impressive five-year history, we look forward to years ahead and the honor of serving, caring and healing.



Brian L. Maddy
Chief Executive Officer

Tsitouras Named GSA Fellow



The Gerontological Society of America, the nation's largest interdisciplinary organization devoted to the field of aging, has named Panayiotis Tsitouras as one of its newest fellows.

Tsitouras is among 94 exemplary professionals to gain fellowship status, the highest class of GSA, Membership. Fellowship status acknowledges outstanding and continuing work in gerontology.

Fellows are chosen from each of four GSA membership sections. Tsitouras is a member of the Health Sciences section of the GSA.

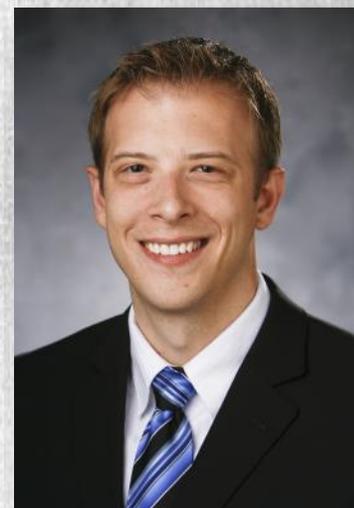
The new fellows will be formally recognized during the 2016 Annual Scientific Meeting, which will be held in New Orleans this fall.

Meet Our New Provider

Samuel J. Kuzminski, M.D., Neuroradiology

Neuroradiologist **Samuel J. Kuzminski, M.D.**, has established his medical practice at OU Physicians. Neuroradiologists specialize in the diagnosis of abnormalities of the central and peripheral nervous system, spine, head and neck.

Kuzminski is board certified in radiology. He completed a neuroradiology fellowship and a radiology residency at Duke University, Durham, North Carolina. He completed a year of internal medicine training at the University of Oklahoma College of Medicine-Tulsa, after earning his medical degree at University of Texas Southwestern Medical School at Dallas.



Focus is a publication of



Access previous issues at <https://intranet.ouphysicians.com/newsletters/Focus/>

OU Physicians Make Top Doctors List

Castle Connolly Medical Ltd. publishes a number of resources in an effort help consumers find the best in health care. The "America's Top Doctors" series lists physicians who are nominated by their peers in an extensive survey process conducted each year. Brian Maddy, OU Physicians C.E.O., said, "We grow accustomed to being surrounded by the best of the best. To see this level of skill and expertise recognized so prominently at a national level is certainly gratifying."



Adolescent Medicine
Amy Middleman, M.D.

Cardiology
Karen Beckman, M.D.
Dwight Reynolds, M.D.

Colon & Rectal Surgery
Gary Dunn, M.D.

Dermatology
Thomas Stasko, M.D.

Diagnostic Radiology
Betsy Jett, M.D.
Kelly McDonough, M.D.
Debra Mitchell, M.D.

Family Medicine
Rachel Franklin, M.D.

Gastroenterology
Javid Fazili, M.D.

Geriatric Medicine
Laurence Rubenstein, M.D.
Peter Winn, M.D.

Gynecologic Oncology
Robert Mannel, M.D.
Joan Walker, M.D.

Hand Surgery
Thomas Lehman, M.D.

Infectious Diseases
Douglas Drevets, M.D.

Internal Medicine
Stephen Travis, M.D.

Medical Oncology
George Selby, M.D.

Neonatology
Marilyn Escobedo, M.D.

Nephrology
Benjamin Cowley, M.D.
Lukas Haragsim, M.D.

Neurosurgery
Timothy Mapstone, M.D.

Neurology
Eduardo De Sousa, M.D.
David Lee Gordon, M.D.

Ophthalmology
P. Lloyd Hildebrand, M.D.
Rebecca Morgan, M.D.
R. Michael Siatkowski, M.D.
Gregory Skuta, M.D.

Orthopedics
Charles Pasque, M.D.
Timothy Puckett, M.D.

Facial & Reconstructive
Plastic Surgery
Ivan Wayne, M.D.

Pediatric Cardiology
Edward Overholt, M.D.

Pediatric Hematology-Oncology
Rene McNall-Knapp, M.D.

William Meyer, M.D.

Pediatric Nephrology
Martin Turman, M.D.

Pediatric Urology
Bradley Kropp, M.D.

Pediatrics
Jill Warren, M.D.

Plastic Surgery
Christian El Amm, M.D.

Psychiatry
Phebe Tucker, M.D.

Radiation Oncology
Terence Herman, M.D.
J. Spencer Thompson, M.D.

Reproductive Endocrinology
LaTasha Craig, M.D.
Karl Hansen, M.D.

Rheumatology
Ira Targoff, M.D.

Surgery
William Dooley, M.D.
Russell Postier, M.D.
Beverly Talbert, M.D.

Urology
Michael Cookson, M.D.
Daniel Culkin, M.D.

Underserved Children A Global Concern

The Russian-American Conference - Underserved Children: Problems and Solutions, recently held in Irkutsk, Siberia, welcomed a complement of Developmental-Behavioral Pediatrics experts from the University of Oklahoma College of Medicine, invited to speak from their broad scope of knowledge and experience in the field of child maltreatment, abuse and neglect.

Tatiana Balachova, Ph.D., associate professor, Department of Pediatrics; **Mary Stockett, M.D.**, OU Children's Physicians; **Barbara Bonner, Ph.D.**, professor of pediatrics, director, Center on Child Abuse and Neglect, and associate director, Child Study Center; **Amy Baum, M.S.W., L.C.S.W.**, **Lauren Donaldson, P.A.-C.**; and **Daniel Gering, Ph.D. candidate**, were speakers at the three-day event sponsored by Irkutsk State Medical University and OU Health Sciences Center. The conference is made possible by a grant from the US-Russian University Partnership Program, funded by the Eurasia Foundation and directed by Balachova and Bonner.

The conference was attended by more than 200 Siberian medical students and professionals from pediatrics, psychology, psychiatry, social work, education, nursing, law practice and law enforcement.

Guests from OU presented on their respective areas of expertise, including medical aspects of child physical and sexual abuse, prevention of child fatalities, abusive head trauma, forensic interviewing, fetal alcohol syndrome, establishing a child protection committee and case reviews, and sexual behavior problems in children and adolescents.



Bonner



Balachova



Stockett



Donaldson



Baum



Gering

*Ideas for Focus?
Contact the Editor:
valerie-pautsch@ouhsc.edu*

Continued from previous page

Additional presentations by professionals from ISMU and Irkutsk agencies covered such topics as detecting abuse in families, health care providers' awareness of maltreatment, psychological services for maltreated children, interdepartmental work on maltreatment, the use of educational technology to address maltreatment, and detection of abuse by obstetrics-gynecology specialists.

Gering's presentation was based on results of his study conducted with an ISMU public health student, exploring knowledge and attitudes on child abuse and neglect among Irkutsk pediatricians and nurses. Baum conducted a full-day workshop on "Talking to Children When Abuse is Suspected," for professionals who interview children thought to have been abused.

As part of the site visit, the OU guests visited local psychological and medical clinics, the Irkutsk Children's Hospital and a local orphanage. In discussions with Irkutsk professionals, it was found that similar child abuse and neglect issues exist on opposite sides of the globe, including problems with public and professional awareness, professional training, appropriate reporting of suspected abuse, and dealing with highly problematic families.





NRGY Sets Open House Dates

You're invited to see everything NRGY has to offer during the open house event, set for **Monday and Tuesday, July 25 - 26**. The new fitness center is located on the third floor of Nicholson Tower.

The facility is made possible by the University Hospitals Authority, which funded construction of the facility and oversees its ongoing use and maintenance. UHAT is hosting the open house, with a full slate of activities to be made available via email. Look for details also included in the OU Fit weekly newsletter.

NRGY is a fully equipped fitness center that offers a total workout experience, complete with lockers, showers and a wide variety of equipment and accessories for every fitness endeavor.

The new, state-of-the-art facility is currently being used by a number of group exercise classes; access to the facility will soon be available to registered OU Fit participants.



Lawton Family Medicine Joins Practice

OU Physicians, the state's largest physicians group, and Southwest Oklahoma Family Medicine Clinic in Lawton have announced that the clinic will join OU Physicians on July 1. The clinic will continue to provide services and care at the same location, 1202 NW Arlington Avenue in Lawton, taking the name "OU Physicians Family Medicine Lawton."

"By collaborating with OU Physicians, we enhance our already strong connection to the OU Health Sciences Center campus and its vast medical resources. Our patients will have better access to hundreds of adult and children's specialists and the latest technology at their disposal," said Dr. Daniel Joyce, medical director of the practice. "Our patients will still see familiar faces in our clinic and receive the same quality care, but we will have a stronger relationship with OU and the state's largest physician practice."

In addition to the new name on the Southwest building, patients will notice that future billing correspondence will come from OU Physicians.

"We are excited about working with clinic leaders in Lawton and enhancing the OU presence there," said Brian Maddy, OU Physicians chief executive officer. "The clinic and its providers have a wonderful reputation in their community and we look forward to building on our relationship with them."

Dr. Daniel Joyce, Dr. Bella Carroll, Dr. Penny Hoover, Dr. Joseph Dawley and physician assistants Tom Mills and Amy Hannington provide services at the clinic along with OU Health Sciences Center family medicine residents. Appointments can be made at 580-248-2288.



OU Medicine Team Captains



2016 OU Medicine Corporate Challenge lived up to every expectation for family-friendly fun, camaraderie and good-spirited competition among business entities throughout the metro.

A reception complete with presentation of awards occurred later in the month, suitably recognizing all winners in every category.

Those who participated are already looking forward to next year. If you missed it, plan now to be part of the 2017 Corporate Challenge. See more photos on the next page.



Women's Basketball Team



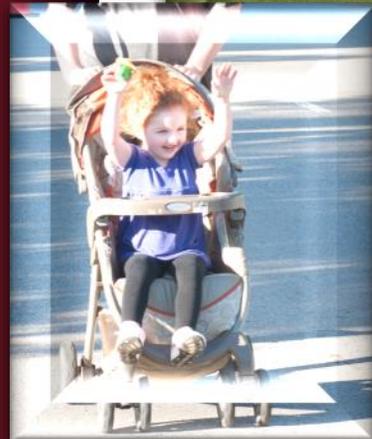
Shuttle Relay Team



Executive Relay Team



20  16
Medicine
**CORPORATE
CHALLENGE**
RESISTANCE & MOMENTUM



Superhero Days

Where can you enjoy freshly popped popcorn *and* mingle with superheroes up close and in person? It happens right here, as the University Hospitals Authority & Trust hosts **Superhero Days**.

Formerly on Fridays, the next super-special Superhero Days are set for Thursday mornings:

Thursday, July 13

and

Thursday, August 11

The Children's Atrium

2nd Level

10 - 11:30 a.m.



Great Support For A Great Cause

The philanthropic component of the of the OU Medicine Corporate Challenge takes center stage in a different way than the weekend-long competition and its array of athletic events. Participant organizations raised **\$41,452** for the UCO Endeavor Games, an event that provides physically disabled athletes with opportunities to engage in competitive sports.

Pictured below at far right, Alicia Rambo, Corporate Challenge director, presents the symbolic check to UCO representatives.





Cochlear Implant Patients Find Support

A new support group for adult and pediatric recipients of cochlear implants will launch this month. The group will meet the **second Wednesday of each month from noon until 1:30 p.m.**, in the OU Physicians Building, 2nd floor conference room 2107. The initial meeting is set for **Wednesday, July 13.**

This group represents an effort to improve the efficacy of cochlear implantation and encourage users to maximize their listening abilities. Facilitators include speech-language pathologists and audiologists. Meetings are designed to offer support and education for cochlear implant adults and cochlear implant/hearing aid children and their families. Each meeting will include question-and-answer sessions, activities to improve listening, and opportunities to meet other CI users to share experiences and suggestions. Light snacks will be provided.

The meeting focus will alternate monthly to meet the needs of adult and child patient groups. This month's meeting will address the needs of children and families. The 8-10 meeting will focus on adult patients; participants are welcome to bring their friends.

For details or questions call Carolyn Messick, MS., CCC/SLP, 405-271-1368 or carolyn-messick@ouhsc.edu

Health Care Risk Management Week

Hosted by OU Physicians Professional Liability, Patient Safety & Risk Management, National Health Care Risk Management Week offered a variety of activities designed to focus attention on nearly every type of patient safety concern. Daily challenges called on participants to test their knowledge of risk management and patient safety policies, and to think of practical ways to improve clinical environments for enhanced patient safety. Winners in the various competitions of the week are listed below:

Outstanding Patient Safety Winner

- **1st place:** Sarah Stutzman, R.N.
One night stay at Skirvin, dinner for two at Vast
- **2nd place:** Ashely Sanders, PSR IV -
Dinner for two at KD's; movie for two at Harkins Theatre

Nominator Winner

- Shirley Harris, RN, BSN
Football autographed by OU greats Steve Owens, Billy Sims, Jason White

Clinic Challenge Pizza Party Winners:

- Jimmy Everest Center and The DOC

Testing Your Knowledge Winner

- Latasha Davis, PRS IV
7" Kindle Fire



What do many patients with spina bifida, PKU and kidney conditions have in common? Many will have a terrific experience when they attend Kamp Courage!

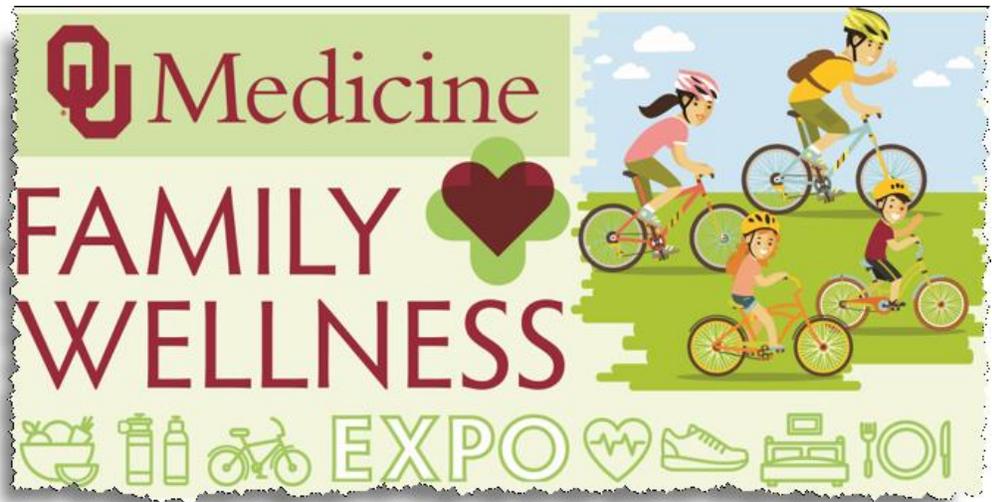
Kamp Courage takes place at Dry Gulch, U.S.A., a site so large that it successfully accommodates *three* Cavett Kids Foundation camps. The combined camps are **Camp Wildfire, Camp PKU** and **Camp Kidney**.

These programs are evidence of camper success, with the latter recognized as the oldest kidney camp in the nation.

Located just 45 minutes northeast of Tulsa, this old west-themed location is an ideal setting. It encompasses modern accessibility that handles mobility, fluid and dietary restrictions with ease. In fact, dialysis machines are onsite during camp to ensure proper medical care without disruption to the camp experience.

Registration ends
Tuesday, August 2, at 5 p.m.

Register here:
[https://cavettkids.campbrain
registration.com/](https://cavettkids.campbrainregistration.com/)



This family-friendly event will be a source of helpful information and encouragement to promote healthy choices as an everyday way of life. A variety of participating vendors will display health-related items that support healthy lifestyles.

Kids can look forward to many interactive opportunities and lots of fun.

Friday, July 29
9 a.m. – 3 p.m.
The Children's Atrium

Helping families become strong and healthy.

Executive Luncheon

OU Physicians employees who consistently demonstrate excellence in their work are guests of honor at a monthly Executive Luncheon. These luncheons provide opportunities for senior leaders to personally acknowledge employees for their commitment to excellence in every area of job performance. Those attending the most recent luncheon are pictured below.



Standing, from left:

Trudy McLaughlin,
Pediatric Hematology-Oncology

Cherry Morrison,
Family Medicine

T’Nika Adams,
Neurology

Derrick Wilson,
EMR

Garry Malcom,
Information Systems

Jessica Hatcher,
Sooner Pediatrics

Nicole Lozano,
Radiology Billing

Seated, from left:

Jasmine Brown,
Family Medicine

Artesha Darrington,
Staffing Services

Leigha Kelsey,
OU Cardiovascular Institute

Katelin Mundy,
Pediatric Orthopedics

Lourdes Martinez,
General Internal Medicine

Christina Carlton,
Pediatric Hematology-Oncology

Janis Spencer,
Medical Records

For assistance with housekeeping or maintenance needs in the OU Physicians Building or OU Children's Physicians Building, contact



271-CALL
(271-2255)

or
submit your service request
online at
<http://271call.com/>

OU PHYSICIANS GROUP NIGHT



VS



JULY 23
TAFT STADIUM | 7 PM

TICKETS:

\$15

USUALLY \$20

\$30

USUALLY \$39

TO PURCHASE TICKETS WITH CASH OR CHECK:
Taylor Hurst at OUP Executive Office, Samis Center 3200

TO PURCHASE WITH A CREDIT CARD:
Call Charles Chafin at (405) 236-5425 x1107

Tickets must be purchased by July 9.

Father's Day Appreciation

As Father's Day was observed last month to celebrate fatherhood, OU Physicians observed the day to express appreciation to our patients.



In honor of Father's Day, handy and practical tire gauges, like the one pictured above, were given to male patients who visited our adult clinics just before Father's Day.

Town Hall Meetings Promote Communication

Last month's town hall meetings proved again to be a valuable forum for sharing information about developments within the practice. Constructive discussions took place as Brian Maddy, OU Physicians chief executive officer, fielded questions and heard employee concerns. A brief summary follows:

OU Physicians is well positioned to meet the demands of the future, but the practice isn't immune to the budget crisis. Higher education took a 16 percent funding cut that is being felt here. While growth is good and no layoffs are foreseen, for only the second time in the last 15 years, merit pay increases for all employees will not be possible. Our Excel program will still provide incentives to workers who achieve performance goals.

A Population Health program has been established to prepare for national changes in health care delivery. With a new emphasis on quality outcomes and management of large patient groups, providers must change the way they provide care. A team is assembled and ready to help prepare for expected changes in payment and treatment models.

The addition of OU Physicians Family Medicine Lawton is effective July 1. This is an important growth market and primary care services will expand our reach.

A new workout facility in Nicholson Tower will soon open, thanks to the University Hospitals Authority and Trust. Those who participate in the OU Fit program will have access to use the facility.

The new 10-story COM building south of The Children's Hospital is nearing completion. Providers from several departments are moving in this summer and a ribbon cutting will follow.

OU Physicians was ranked in the top 2 percent in the nation according to a recent peer-group comparison that included Mayo, Johns Hopkins, UCLA, Cleveland Clinic, Stanford, Mount Sinai and Yale, among others. Providers and staff deserve a pat on the back for this accomplishment.

We are one year into our Transparency Initiative. Last July, we launched the provider transparency initiative on patient satisfaction and helped lead a national trend. Since then, we've posted data from almost 75,000 surveys and our overall practice rating is 4.8 out of 5 stars, one of the best scores among participating practices in the country. We have also increased web visitors to our Find a Doctor pages by more than 25 percent.

OU Medicine expands in social media. We are continuing to reach more and more people through social media efforts. Here's a snapshot of our standings.

- OUMedicine.com – 1.6 million visitors this fiscal year.
- Facebook – 69,000-plus fans, up from 3,000 just three years ago.
- Twitter – 23,000 followers, up from around 3,000 three years ago.
- Instagram – Fairly new platform, more than 3,000 followers.

OU Medicine volunteers are making a difference. It was a busy spring for our Live to Give volunteers. We gave time and labor to a number of worthy causes, ranging from the Regional Food Bank to Habitat for Humanity. Watch your in-box for more volunteer opportunities.

HIPAA Hot Spot

July HIPAA Hipster: Roberta "Bobbie" Beirne,
Stephenson Cancer Center, Multidisciplinary Clinic

Walk through the cancer center's Multidisciplinary Clinic managed by Bobbie Beirne and you'll see lots of activity - busy providers and staff, and many patients coming and going. What you *won't* see is patients' PHI, because Bierne and her staff work hard to protect it.

As required by law, HIPAA cover sheets are placed over documents in work areas, images and reports are secured when not in use, and unattended desks are cleared of PHI. Amid all of the activity, you also won't *hear* any conversation that includes references to PHI. Front desk staff are careful to talk quietly and employees who need to speak with waiting patients direct the patients to a private area. Sally Duckett, OU Physicians HIM and HIPAA Administrator, works regularly with this clinic and commented that she has observed very good HIPAA privacy practices.

Effective HIPAA compliance depends on observing the big things, but it's just as critical to observe the many small details, such as finding that quiet space for a private conversation. Thanks to Bobbie Bierne and staff for making small things count.

HIPAA TIP:

Patient Requests For Medical Records ...An Easy Equation

It's not uncommon for a patient to ask for a copy of his or her medical records. It's always appropriate to refer patients to OU Physicians Central Medical Records, where a centralized process is followed in response to these requests. Because the form contains helpful information about the process and must be completed by the patient, it's good customer service when they receive a copy in advance.

- **Where are the Forms?** HIPAA forms are available at the front desk in many clinics and departments. Employees can access the forms on the HIPAA website, <https://www.ouhsc.edu/hipaa/>. Just click "HIPAA." The same link allows patients to access forms from their own computers.
Which Form Do I Give the Patient? Knowing which form the patient needs is as easy as knowing the patients' intended recipient of PHI:
 - ⇒ If patients want copies of records for their own use, provide the **"Request for Health Information"** form, as they are making a *request* for their own records.
 - ⇒ If the patient wants another individual or entity to receive records, give him/her the **"Authorization to Release Health Information"** form, in which he/she *authorizes* OU Physicians to send records as specified.
- **Where Does the Form Go?** The patient may deliver the form to you in person; you will send it to Central Medical Records. The patient may choose to send the form by fax, email or postal mail, or if preferred, the patient may take the form to Central Medical Records, located in B300 of the OU Children's Physicians Building.

The HIPAA Hot Spot is featured periodically in the Focus newsletter.

Each Hot Spot includes a useful HIPAA Tip, and highlights employees and work areas that are making big differences in our HIPAA compliance program.

Have a Tip you'd like to see in Focus?

Is there a HIPAA Hipster you'd like to nominate for recognition?

Email jill-raines@ouhsc.edu

Need answers?

Help is readily available.

Contact:

Jill Raines, Assistant General
Counsel and University
Privacy Official,
jill-raines@ouhsc.edu
271-2033

Sally Duckett, OU Physicians
Health Information
Management and
HIPAA Administrator,
sally-duckett@ouhsc.edu
271-8001, ext. 46947

Mary Milano,
HIPAA Compliance Auditor,
Office of Compliance,
mary-milano@ouhsc.edu
271-2511

Marty Walton,
Assistant to the University
Privacy Official and to
Associate General Counsel,
marty-walton@ouhsc.edu
271-2033

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Although Central Medical Records has a fairly quick turn-around time, the University is allowed up to 30 days to provide requested records; be sure that your conversations or other communications don't create expectations of a same-day or next-day response. However, it is appropriate to assure patients that they will receive a timely response.

HIPAA protects patients' legal rights to access their own medical records. We manage patient requests in accordance with our policies to ensure our these requests are met in a timely manner. The formula works: **Easy Process + Timely Action = Happy Patients.**

If you have questions about patient requests for medical records or any other HIPAA issues, the contacts listed at left are more than happy to share their expertise and knowledge.

Welcome New Employees

Attending last month's **New Employee Orientation** conducted by OU Physicians Training and Development, these new team members were introduced to the environment, culture and special initiatives that make OU Physicians the only multispecialty group practice of its kind in the state. Be sure to extend a warm welcome at your next opportunity.



STANDING, FROM LEFT:

LISA LIEBE,
ANESTHESIOLOGY

SANDY SCHRIMSHER,
CANYON PARK FAMILY MEDICINE

SETH DEMUTH,
ORTHOTICS & PROSTHETICS

BEVERLY WILDE,
ANESTHESIOLOGY

CJ CAIN,
SURGERY

GARRETT HILL,
ANESTHESIOLOGY

SEATED, FROM LEFT:

SHANAE ALEXANDER,
FAMILY MEDICINE

PATRICIA PRUETT,
MID-DEL FAMILY MEDICINE

KATE MCCrackEN
OU CARDIOVASCULAR INSTITUTE

LISA ENGLAND,
STEPHENSON CANCER CENTER



STANDING, FROM LEFT:

- TEMIKA WILLIS,**
PEDIATRIC GASTROENTEROLOGY
- AMBER BISHOP,**
STEPHENSON CANCER CENTER
- BRIDGETTE GORDON,**
NEUROLOGY
- BROOKE COX,**
PRENATAL DIAGNOSTIC CENTER
- JAMES REED, III,**
GENERAL INTERNAL MEDICINE

SEATED, FROM LEFT:

- STEPHANY LEATHERMAN,**
MID-DEL FAMILY MEDICINE
- ANAI FERRACHI,**
OU PHYSICIANS FOUNTAIN LAKE
- LASHETA DUNBAR,**
PEDIATRIC SURGERY
- AMBER KIRKES,**
STEPHENSON CANCER CENTER

**Express Care:
Quality & Convenience**



The OU Physicians **Express Care Clinic** offers high-quality care that is also fast, convenient and easily accessible to employees across the Oklahoma Health Center. The clinic treats common health conditions, including:

- ◆ Bronchitis
- ◆ Colds or flu
- ◆ Conjunctivitis
- ◆ Ear and throat infections
- ◆ Gastroenteritis/stomach flu
- ◆ Lacerations
- ◆ Muscle aches and pains
- ◆ Seasonal allergies
- ◆ Sinus infections
- ◆ Skin rashes
- ◆ Simple sprains and strains
- ◆ Travel-related medicine
- ◆ Upper respiratory infections
- ◆ Urinary tract infections

Express Care accepts OU insurance as well as other plans. Employees should bring their insurance cards to any clinic visits.

Find Express Care in Suite 4A of the OU Physicians Building, where patients are seen weekdays from 7 a.m. to 5 p.m.

Call 405-271-9675
for an appointment.

Dancing For A Miracle

The 9th annual Dancing for a Miracle gala to benefit Children's Hospital Foundation promises to be an unforgettable evening of inspiring fun and a bit of glamour.

This signature fundraising event will be held at the Embassy Suites Norman, **Saturday, August 20, 2016.**

The evening kicks off at 6 p.m., and includes a cocktail reception, live and silent auctions, a seated dinner and incredible entertainment.

Ten local celebrities, each paired with a professional dancer, will take the stage, in an effort to raise funds to support pediatric research and education programs.

Learn more about the event and visit the fundraising pages of each celebrity-volunteer here: <https://okchf.ejoinme.org/dfam2016>

Make your reservations early to attend one of the most highly anticipated events of the summer. It's sure to be a sell-out.

Reserve tickets at www.chfKids.com
or call 405- 271- 8430, ext. 2, for tickets and more information.

For sponsorship information,
contact Jan Dunham at 405-271-8430 or
jan-dunham@ouhsc.edu.



LIVE to GIVE



 Medicine



Live to Give volunteers previously selected as a Volunteer of the Month may also be considered for recognition as Volunteer of the Year, an honor that includes a \$500 award.

Live to Give Volunteer Of The Month

*Shannon McEntire,
OU Physicians Community Health Clinics*

Shannon McEntire has been with OU Physicians nearly five years, managing our community health clinics for about a year. She has become quite active in the Live to Give program, participating in numerous opportunities. These include a work day at the Regional Food Bank, cleaning up a city park, assisting an adoption effort at a local animal shelter and playing a key role in the sports physical event, which made it possible for hundreds of student athletes to participate in the sports programs at their schools.

"I love to help others and I love to give back to the community," McEntire said. "Helping others is good for your soul and gives you a greater sense of appreciation for what you have in life."

The fact that many organizations are willing to include children in the volunteer effort is especially appealing to McEntire. "It's important to me to teach my children to help others and give back to the community. I also love getting out in the community and meeting new people with OU Physicians. It's a great way to make friends all over campus."

McEntire hopes that increasing numbers of OU Medicine employees will come to experience the rewards of volunteering. McEntire said it's hard to explain, but when she's volunteering, the personal gains are great. "I always walk away with more than I gave," she said. "Volunteering gives you a great sense of pride in yourself, pride in OU Physicians, and pride for our community." And, she said it doesn't matter how insignificant the task may seem at the time. "That small task has a big impact on someone."

LIVE to GIVE



 Medicine

Live to Give: Endeavor Games

When the OU Medicine Corporate Challenge incorporated a charitable fundraising element into the event, the UCO Endeavor Games became our cause. The Endeavor Games is an annual event that provides a competitive athletic venue for athletes with physical disabilities. As a result of this year's fundraising effort, OU Medicine was able to present a check for more than \$40,000 to support the games.

Endeavor Games also provides a great opportunity for volunteers to be involved in a range of support roles during the weekend event. And as always, Live to Give volunteers came through. Volunteers have described the experience as inspiring and rewarding — a meaningful way to serve that they intend to be a part of annually.



LIVE to GIVE



OU Medicine

Food Drive Results

The campus-wide food drive to benefit the Regional Food Bank of Oklahoma finished its run with 884 pounds of food donated. That translates into multiplied hundreds of meals for those in need. Thanks to everyone for an enthusiastic and supportive response.

Special recognition is deserved by those who took on added responsibility in "hosting" a donation box in their respective locations. Listed below are those building coordinators. Thank you for all your extra efforts.

OU Physicians:

Linda Burris Lynda Dye
QuaQuetta Hill Taylor Hurst
Tina Pekas Joan Spall

OU Medical System

Leslie Buford Robert Hamm
Sara Jacobson Suzy Wooldridge

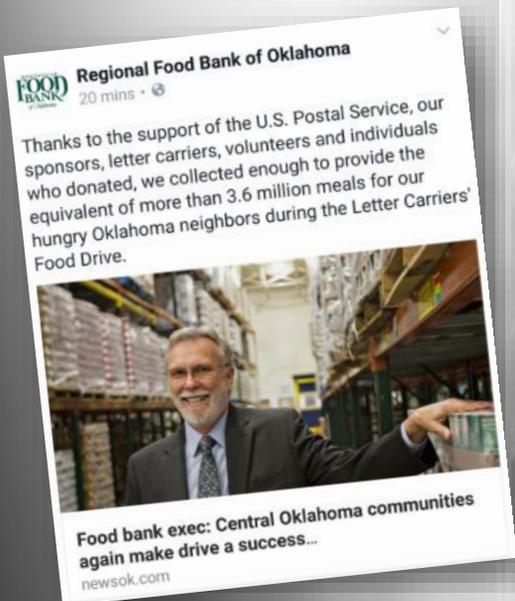


Home Dedication Day

The work of OU Medicine Live to Give volunteers began in March, and by early June, a home stood ready and waiting for its new residents. In what has become a valuable partnership for both organizations, this initiative produced the ninth structure that has utilized the volunteer resources of OU Medicine.

Thrilled homeowners, a hard-working family that deserved a helping hand, accepted the keys to the house during a dedication ceremony last month.

Kelli Hayward Walsh, Live to Give coordinator, accepted a plaque on behalf of OU Medicine, presented by Ann Felton, Habitat for Humanity chief executive officer and board chairman.



Rowing Teams Compete At Regatta

The 2016 Stars & Stripes River Festival was a full day of family fun, food, music and spectacular fireworks that added a final celebratory touch. Included in the day's events, the Stars & Stripes Regatta featured 900-meter rowing races, drawing master rowers from the region. Among them, our own Row U teams made a great showing. Top two photos, gold medalists Row U women, followed by silver medalists Row U Co-Ed.

1st Place - Gold Medal

Row U Women

Intermediate women category

Bobbie Beirne
Gina Clark
Krystin Corrujedo
Michelle Hopkins
Crystal Keene
Kari Lee
Tiffany Markham
April Sandefer



2nd Place - Silver Medal

Row U Co-Ed

Beginner/Novice Category

Anthony Alleman
Harold Burkhart
Angela Dailey
Eva Dilks
Kristen Earnhardt
Adam McGann
Mandy Newman
Ryan Siegfried
Steve Smith



1st Place - Gold Medal

OUMC Boneheads

(Women's Trauma team)

Experienced Women Category



1st Place - Gold Medal

College of Pharmacy

Dragon Boat League, "A" category





Due to the holiday,
Recipe Refresh
will not be held on July 5.

Coming Next Month:



Tuesday, August 2, Noon – 1 p.m.
"Healthy Back to School Snacks"
Samis Family Education Center
Conference Room B1-2

Lunch & Learn

Tuesday, August 16, noon-1 p.m.
"Ahhh.... A Good Night's Sleep"
Presented by Roynell Rawson
from Relax the Back
Samis Family Education Center
Conference Room B1-2

*Being healthy and fit isn't
a fad or a trend.
Instead, it's a lifestyle.*

An OU Fit New Year Begins

July 1, 2016, marks the new fiscal year and a new program year for OU Fit. Participants can look forward to more of the same — and many different — fitness tips, wellness strategies and practical suggestions to move them toward a healthier lifestyle. Here are some opportunities in the very immediate future:

Learn The Program: Learn the Portal

Learn how to use the OU Fit portal when you attend "Portal 101" Seminars. **All seminars will be in the Samis Family Education Center.**

Tuesday, July 5

11:30 a.m. – 12:30 p.m., Conference Room B3

Thursday, July 7

Noon - 1 p.m., Conference Rooms B1 and B2

Tuesday, July 12

7– 8 a.m., Conference Room B3

Wednesday, July 20

5 - 6 p.m., Conference Rooms B1 and B2

OU Physicians Blood Drive

One Day. All Day. Three Locations.

The OU Physicians blood drive will support area hospitals and help save lives. Who wouldn't want to be a part of something so important?

Monday July 18

8:30 a.m. - 4 p.m.

- ⇒ OU Physicians Building
- ⇒ OU Children's Physicians Building
- ⇒ Samis Education Center, Conference Room B

Schedule your donation time here:

https://www.yourbloodinstitute.org/donor/schedules/drive_schedule/190603

See What You're Missing!



The OU Medicine Farmers Market comes to the first floor of the Children's Atrium the first Thursday of each month from 11 a.m. until 2 p.m. Find different ways to think about fresh and healthy.

Featured vendors may vary from month to month. Look for these local merchants and others:

Sweet Spirit Foods
(barbecue sauces)

Twisted Oak foods
(salsas, rubs, spices)

Manchester St. Coffee
(freshly roasted coffees, local and international)

Mittie's Kitchen
(homemade breads, cookies, jams, fruit butter, local honey)

High Tides & Green Fields
(produce, herbs, rubs, salts)

Jennifer Webster
(produce, essential oils, herbs)

Lovera's Market
(cheeses)

OU Fit Featured Recipe

Stuffed Delicata Squash

This recipe features delicata squash with a Tex-Mex-seasoned stuffing. To reduce saturated fat, bulgur (cracked whole wheat) is substituted for half of the ground beef the recipe would normally use.

Makes: 4 servings, (one-half squash each)

Ingredients:

2 small delicata squash (about 12 ounces each), halved and seeded	
6 teaspoons extra-virgin olive oil, divided	
1/2 teaspoon salt, divided	1/2 cup bulgur
1/2 pound lean ground beef (90/20)	1 small onion, chopped
2 tablespoons chili powder	1 cup water
1/2 cup nonfat or low-fat plain yogurt	4 teaspoons toasted pepitas



Preheat oven to 425° F. Brush cut sides of squash with 2 teaspoons oil and sprinkle with 1/4 teaspoon salt. Place facedown on large baking sheet. Bake until tender and browned on the edges 25-30 minutes.

Meanwhile, bring bulgur and water to a boil in a small saucepan. Reduce heat, cover and simmer until tender and most of the liquid is absorbed, about 10 minutes. Drain well.

Heat remaining 4 teaspoons oil in large skillet over medium heat. Add onion; cook, stirring until beginning to brown, 4 to 5 minutes. Add beef, chili powder and the remaining 1/4 teaspoon salt; cook, stirring and breaking up with spoon until meat is cooked through, about 4 minutes. Stir in the bulgur and cook 1 minute. Stir in yogurt.

Spoon about 3/4 cup filling into each squash half. Sprinkle with pepitas and serve.

Tip: For best flavor, toast chopped nuts or seeds. Heat a dry skillet over medium-low heat. Add nuts or seeds and stir constantly until fragrant, 2 to 4 minutes.

Nutrition:

344 calories per serving	15 g fat
44 mg cholesterol	35 g carbohydrates
0 g added sugars	6 g total sugars
22 g protein	10 g fiber
443 mg sodium	874 mg potassium

Support Groups

Blood & Marrow Transplant (BMT) Gathering

When: every other Wednesday, noon until 1 p.m. - July 6, 20

Where: Stephenson Cancer Center, 1st floor Family Lounge

Who's Invited: Patients, family members and caregivers

Light lunch provided. Please RSVP.

Contact: Crystal Gazaway, 405-271-3402

HOPE in Oklahoma Gynecologic Cancer Support Group

When: Saturday, July 2

(first Saturday monthly, 10 a.m.)

Where: Stephenson Cancer Center, 1st floor lobby

Who's Invited: Patients, caregivers and survivors

Contact: Odra Pratt, 405-694-9517

Women's Incontinence and Sexual Health (WISH)

When: Wednesday, July 6

(first Wednesday, monthly at noon)

Where: OU Physicians Building, 825 N.E. 10th Street, 5D

Who's invited: Women who experience incontinence, prolapse, pelvic pain or related conditions

Contact: Jessica Moates, 405-271-9493, ext. 37007

or jessica-moates@ouhsc.edu

SOS Breast Cancer Support Group

When: Thursday, July 7

(first Thursday monthly at noon)

Where: Stephenson Cancer Center, Seminar Room 5058

Who's Invited: Patients, survivors, families and friends of breast cancer patients
Lunch is provided. RSVPs requested.

Contact: Kristen Squires, R.N., C.N.-B.N., 405-271-4514, ext. 48527

Parents of Children With Cancer

When: Tuesday, July 12 and 26
(second and fourth Tuesdays monthly at noon)

Where: The Jimmy Everest Center
OU Children's Physicians Building, 10A
1200 Children's Avenue

Who's Invited: Parents whose children have cancer

Contact: Danny Cavett, 405-271-5758

Hep-C Support Group

When: Tuesday, July 12*
(first Tuesday monthly, 4 - 5 p.m.)

(*second Tues due to holiday)

Where: Presbyterian Professional Building
711 S.L. Young Blvd., 4th floor

Who's Invited: Patients, friends, families and caregivers affected by Hep-C
Snacks provided; RSVP requested.

Contact: Michelle Price, 405-271-4024, or michelle-price@ouhsc.edu.

Empower! Metastatic Breast Cancer Support Group

When: Thursday, July 14

(second Thursday monthly, noon)

Where: Stephenson Cancer Center, Seminar Room 5058

Who's Invited: Stage 4 patients and those who care for them

Participants may bring their own lunches

Contact: Kristen Squires, R.N., C.N.-B.N., 405-271-8001, extension 48527

Tobacco Cessation Support Group

When: Thursday, July 14

(second Thursday monthly, 6 p.m.)

Where: Stephenson Cancer Center, 1st floor, Family Lounge

What: Hear successful tobacco-free quitters describe effective quitting strategies

Contact: Leslie Chandler, 405-271-1640 or leslie-chandler@ouhsc.edu
Light refreshments served

Brain Tumor Support Group

When: Thursday, July 14

(second Thursday monthly, 6 p.m.)

Where: Oklahoma Brain Tumor Foundation
4024 N. Lincoln Blvd., Suite 220

Who's Invited: Patients, families, survivors
Contact: Cassandra, 405-843-4673

Us TOO! Prostate Cancer Support Group

When: Thursday, July 21

(third Thursday monthly, 6 p.m.)

Where: Stephenson Cancer Center, 1st floor Family Lounge

Who's Invited: Patients and survivors, and their families.

Contact: Dane Libart, L.C.S.W., 405-599-7217, or dlibart@odmhsas.org

Support Group for Adults with Diabetes

When: Tuesday, July 26

(Last Tuesday monthly, 5:30 p.m.)

Where: Harold Hamm Diabetes Center
1000 N. Lincoln Blvd., Suite 2900

Who's Invited: Diabetes patients, their friends and family members
RSVPs requested

Contact: 405-271-5642 or groups@haroldhamm.org

Caregiver Support Group

When: Wednesday, July 27

(fourth Wednesday monthly, Noon - 1:30 p.m.)

Where: Easter Seals Oklahoma, 701 N.E. 13th Street

Who's Invited: Those caring for patients with long-term or chronic illnesses

Contact: Tony Lippe, 405-239-2525
Lunch provided. RSVPs requested.

www.eastersealsok.org/caregiver-support-group/

Pancreatic Cancer Support Group

When: Thursday, July 28

(last Thursday monthly, 6 p.m.)

Where: David L. Boren Student Union
1106 N. Stonewall, Room 260

Who's Invited: Patients, their friends and families. Refreshments provided.

Contact: Dan Brackett, 405-380-8236, or Julie Linse, 405-250-1835

Spanish-Speaking Cancer Support Group

When: Friday, July 29

(last Friday, monthly, 5:30 p.m.)

Where: Stephenson Cancer Center, Seminar Room 5058

Contact: Carmen Soriano, R.N., 405-417-2438 or Celia Hollis, 405-236-0589