

focus facts on community living

CENTER FOR LEARNING AND LEADERSHIP

OKLAHOMA'S FEDERALLY DESIGNATED

UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES (UCEDD)

November, 2016

[View our newsletter on the web](#)

Nutrition is for Everyone



Cathy Serrano and Yvonne Lira (left to right)

We welcome our new Deputy Nutrition Ambassadors, who are helping make this project a success: **Yvonne Lira**, of **Autism Latino**, **Caty Serrano** of the **Forum of Latin Women in Oklahoma (Formula OK)**, **Whitney Warfield**, a Master's student in the dietetic program at the **University of Oklahoma Health Sciences Center**, and **Delpha Miklautsch** and **Dee Banta** of **Oklahoma People First** and the **Oklahoma Self-Advocacy Network**. For a kid-approved healthy popsicle recipe in Spanish and English, visit [here](#) (video of the recipe coming soon).

Family Support 360° Center Christmas Program

FAMILY SUPPORT



Please consider donating to the Family Support 360° Center program for families with children that have special needs. A 25 dollar donation provides a child coat and gloves. A 60 dollar donation is enough to provide a child's bike and helmet. Every donation to the 360 Center° will be matched at 50 percent: every two dollar donation will be matched by an extra dollar. To donate, call: **(405)-271-4511** or visit [here](#).

Free Thanksgiving Dinner in Oklahoma



Many organizations in Oklahoma host free Thanksgiving dinners and holiday assistance programs. For a list of Thanksgiving events in the Oklahoma City metro area, visit [here](#). For the **2-1-1** Thanksgiving and Holiday Guide for Tulsa County, [visit here](#). For the **2-1-1** Thanksgiving and Holiday Guide for Rural Eastern Oklahoma Counties, visit [here](#). For a list of food pantries through Oklahoma, visit [here](#).

Sensitive Santa Events in the State



The holiday season is getting closer, and with the celebration come intense lights, smells, sounds, and crowds. To view a list of Christmas events for children with sensory issues and developmental disabilities around the state, visit [here](#).

TARC Teen Connections



Teen Connections is a Tulsa-based social group sponsored by **TARC** for teenagers on the autism spectrum in middle school and high school. Teens meet monthly to socialize, and play video and board games. The group meets on the **fourth Wednesday** of every month, from 4:30– 6 PM, in the **TARC Tulsa office, 2516 East 71st Street, Suite A, Tulsa, OK**. For more information, call **918-582-8272**.

Learn & Lead

Vision

All people with disabilities and their families are valued participants in community life.

Mission

Partners making a positive difference in the lives of people with disabilities and their families through learning and leadership.

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Email:
Learn2Lead-UCEDD@ouhsc.edu

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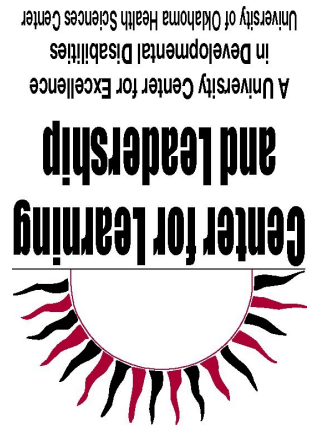
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MARK YOUR CALENDAR

- Nov. 19 Oklahoma Statewide Autism Conference, 7:30 AM– 4:45 PM
(Oklahoma Autism Network)
Embassy Suites Oklahoma City - Downtown/Medical Center
1815 South Meridian
Oklahoma City, OK 73108
For more information visit [here](#).
- Nov. 19 Workshop: Special Kids Require Special Planning, 9 AM– 12:30 PM
DSACO (Down Syndrome Association of Central Oklahoma)
Oakdale Schools
10901 N. Sooner Road
Edmond OK 73013
To add the event to your calendar, [visit here](#).
- Nov. 29 **Pervasive Parenting** Support Group, 6 PM (monthly meeting)
Kiamichi Technology Center
1410 Old Military Road
Stigler, OK
For more information, contact Kodey Toney at 918-658-5076, or [email](#).
- Dec. 8 Waiting List Meeting-Tulsa, 1:30 PM
DDS (Developmental Disabilities Services)
Skyline East II
Conference Room 3600
6128 E 38th Street
Tulsa, OK 74135
For more information visit [here](#).
- Dec. 8 Special Education Law and Advocacy Training (Wrightslaw)
(Oklahoma Disability Law Center) & (Partners in Education Advocacy)
Oklahoma City, Oklahoma (specific venue to be announced)
For more information visit [here](#).

Looking for more events? Want your event included?
Visit our website at : www.ouhsc.edu/thecenter/newsandevents



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