

focus facts on community living

CENTER FOR LEARNING AND LEADERSHIP

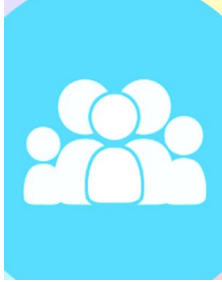
OKLAHOMA'S FEDERALLY DESIGNATED

UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES (UCEDD)

September, 2016

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Community of Practice Family Trainings



What does a good life look like for your children and your family? Join other families of children with disabilities and **Edmond Public Schools** staff for a series of workshops to start you thinking about and sharing a vision of a good life. The workshops will be offered in three evenings (childcare provided) on **Oct. 10th, Nov. 7th, and Dec. 5, from 6-7:30 PM**, or in a one-day session on **Friday, Oct. 28th from 9 AM-2:30 PM**. For more information, [click here](#), or call (405) 726-3122.

Healthcare Transition to Adulthood Survey



Many people with developmental disabilities and their family members face additional challenges in finding high quality healthcare after age 18. **Sooner Success** is conducting a survey for parents of children ages 12 and older on healthcare transition to adulthood. To participate in the online survey, [click here](#). For a Spanish-language version of the survey, [click here](#). You can also call 877-441-0434 for more information.

School Mornings with Less Stress



As the school year moves into its first full month, many parents and children, especially children with developmental disabilities, find getting ready for school one of the most stressful parts of the day. The **Child Mind Institute** offers morning strategies for parents ranging from laying out clothes and making lunches the night before, to giving visual morning schedules to children on the autism spectrum. [Click here](#) to read the article.

Nutrition is for Everyone



The Center for Learning and Leadership/Oklahoma UCEDD would like to thank their community partners who are coming together to promote inclusive nutrition education by and for people with disabilities and their families and friends. Find daily healthy recipes and tips for easy and inexpensive home cooking at www.facebook.com/nutr4allOK and www.pinterest.com/nutr4allOK. Follow the hash tag #Nutrition4All.

Disaster Relief for People with Disabilities



Any organization engaged in emergency management that receives federal funds cannot legally discriminate against people and communities in the areas that they serve, including people with disabilities. Under federal law, sheltering services and facilities must be accessible to children and adults with disabilities. To read FEMA guidance about providing accessible emergency services, [click here](#). For more information about communicating with people with disabilities about emergencies, or to register a complaint [click here](#).

Learn & Lead

Vision

All people with disabilities and their families are valued participants in community life.

Mission

Partners making a positive difference in the lives of people with disabilities and their families through learning and leadership.

focus facts is published for the Center for Learning and Leadership, Oklahoma's University Center for Excellence in Developmental Disabilities (UCEDD). It is disseminated to a statewide and national network of people interested in developmental disabilities. If you would like to submit information to be published in the newsletter, please e-mail or mail our Editor. Be sure to include the source, description, and contact information relevant to the information you are submitting.

Email:
Learn2Lead-UCEDD@ouhsc.edu

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MARK YOUR CALENDAR

- Oct. 1 2016 Down Syndrome Festival & 5K
DSACO (Down Syndrome Association of Central Oklahoma)
Chickasaw Bricktown Ballpark
2 South Mickey Mantle Drive
Oklahoma City, OK 73104
For more information, or to register, [click here](#).
- Oct. 3-5 11th Annual Oklahoma Transition Institute
Zarrow Center, OU College of Education
NCED Conference Center
2801 East State Highway 9
Norman, OK 73071
To register, [click here](#).
- Oct. 12-13 Enhancing Educational Success for Children and Youth in Care,
Tulsa, Oct. 12th:
Tulsa Technology Center, Lemley Campus Career Services Center |
Conference Room H
3420 South Memorial Drive,
Tulsa, OK 74145
- Oklahoma City, Oct. 13th:**
For 13th: Metro Technology Center, Springlake Campus,
Conference Center | Section E,
1900 Springlake Drive
Oklahoma City, OK 73111,
For more information or to register, [click here](#).
- Oct. 14-16 **Oklahoma People First** Annual Conference
Double Tree Warren Place
6110 South Yale Avenue
Tulsa, OK
To register, [click here](#), or call (918-495-1000)
- Oct. 18 Connect Now For The Future, 5:30 - 8:30 PM
Transition Fair, **Norman Public Schools**
Moore Norman Technology Center
131 S. Flood Ave .
Norman, OK 73072
Call for more information 405-361-1505

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Center for Learning and Leadership/UCEDD
University of Oklahoma Health Sciences Center
P.O. Box 26901, ROB 342
Oklahoma City, OK 73126

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in Developmental Disabilities
University of Oklahoma Health Sciences Center