### **CENTER FOR LEARNING AND LEADERSHIP**

OKLAHOMA'S FEDERALLY DESIGNATED

UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES (UCEDD)

On the web @ www.ouhsc.edu/thecenter

Click here to view our newsletter on the web



# Help Spanish Speaking Families Have a Bright Holiday

The Family Support 360° Center supports Spanish-speaking families who have children with disabilities by providing access to daily needs, emotional support, and information. Each year, The Family Support 360° Center provides a Holiday Assistance Program for families in need. The program provides winter clothes, toys, food baskets, and emergency items. Learn more about the program <a href="here">here</a>, and to help them achieve their goal of supporting 50 children in 20 families, <a href="donate-here">donate here</a>!



# **Down Syndrome Association Offers Fall Fun**

Down Syndrome Association of Central Oklahoma (DSACO) provides a wide variety of family friendly events and resources for individuals with Down Syndrome. Their 25th Annual Down Syndrome Festival and 5K raised over \$175,000 to serve Oklahoma families. Popular events include cooking classes, tutoring, family social events and self-advocacy workshops. Events next month include the DSACO Halloween Dance and Fall Basketball Clinic. Learn more about DSACO here.



# Early Birds Provides Free Sessions for Caregivers

Early Birds is a free school readiness program for parents, grandparents, and caregivers of children under five. The program aims to "support you in your role as your child's first and most influential teacher." The classes are 90 minutes and cover topics such as everyday learning, child development, health, safety, and school readiness. Meet other parents, learn about valuable resources, and take home free toys and materials. Learn more and register here.



# Local Firm Wants Communities to be Diverse and Inclusive

Oklahoma public relations consulting firm Schnake Turnbo Frank are encouraging business leaders to "learn, grow, and network" with inclusion and diversity experts and community leaders. The firm is holding community meetings in OKC throughout 2019 and 2020. The free monthly meetings are sponsored by local and national business and organizations. Click <a href="here">here</a> to learn more, and read about the effort in The Oklahoman here.



**What We're Reading Now** - click the link or copy and paste into your browser (links to an external public or commercial website)

- Merging Talent with Opportunities: New Thinking About the Autistic Workforce Autism Speaks
- Why National Disability Employment Awareness Month Matters Yahoo!
- YES, You Can Work and Still Receive SSI Mississippi State University NRTC



October is National Disability Employment month! Click <u>HERE</u> to learn about employment resources for people with disabilities!

# Center for Learning and Leadership

A University Center for Excellence in Developmental Disabilities University of Oklahoma Health Sciences Center

**focus facts** is published for the Center for Learning and Leadership, Oklahoma's University Center for Excellence in Developmental Disabilities (UCEDD). It is disseminated to a statewide and national network of people interested in developmental disabilities. If you would like to submit information to be published in the newsletter, please e-mail or mail our Editor. Be sure to include the source, description, and contact information relevant to the information you are submitting.

Email: Learn2Lead-UCEDD@ouhsc.edu

focus facts is supported by grant #90DDUC0028 from the U.S. Department of Health and Human Services Administration on Intellectual and Developmental Disabilities. Additional support is provided by Oklahoma co-sponsors: OU College of Medicine, The University of Oklahoma Health Sciences Center, and project partners: East Central University and Cameron University.

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## **CLL/UCEDD SPOTLIGHT**

## **Familias Exitosas**

CLL's Family Support 360° Center, in collaboration with the Developmental Disability Council of Oklahoma and other agencies, provided a free full day informational event for Spanish-speaking families with children with disabilities. The "Familias Exitosas" conference was presented in Spanish to families, with interpreters provided. The event was held at the Oklahoma City County Health Department, and different agencies and programs were present, including the Oklahoma Department of Human services/DDS, Oklahoma City Public Schools, Sooner Success, Oklahoma Autism Center, and the Oklahoma Family Network. Around 45 families and professionals attended this event. To learn more about the Family Support 360° Center, click <a href="https://example.com/here-new/memory





# Mark Your Calendar

### **Sensory Fall Carnival OKC**

Behavioral Innovations

October 26 10:00 AM - 2:00 PM Behavioral Innovations 14828 Serenita Ave. Oklahoma City 73134 Free sensory friendly fall carnival with food and games.

Register: here

# **IDefineMyWellness**

Association of University Centers on Disability (AUCD)

October 29 12:00 - 1:00 PM Online Webinar

Free Webinar will share perspectives of how people with disabilities define wellness.

Register: here

## **Special Needs Trick or Treat City**

Midwest City Parks and Recreation

October 31 10:30 AM - 12

10:30 AM - 12:00 PM 1:00 - 2:30 PM Nick Harroz Community Center 200 N Midwest Blvd. Midwest City 73110

Free, safe, indoors trick or treat event for kids with disabilities. Sensory inclusive.

Info: <u>here</u>

### Oklahoma Caregiver Conference: Caregiving Around the Clock!

Oklahoma Caregiver Coalition

November 13 8:30 AM - 2:30 PM Metro Technology Centers Business Conference Center 1900 Springlake Dr. Oklahoma City 73111 Free conference for Oklahoma caregivers to learn about resources and programs.

Register: here