

Consent to Supplement Healthy Newborn Infant

The American Academy of Pediatrics, the World Health Organization and the Academy of Breastfeeding Medicine state that healthy newborns should not be routinely supplemented. Therefore, the staff at this facility does not routinely supplement breastfed babies with formula for the following reasons:

- ❖ Colostrum, which is available only during the first few days of breastfeeding, gives baby an immunological boost to his/her system, like an immunization.
- ❖ Newborns stomach only hold about 7-10 cc, (less than half an ounce), so small frequent feedings of colostrum are perfect for newborns.
- ❖ The suck on a bottle is different from the suck on a breast. A breastfed baby can become nipple confused and may not go back to the breast.
- ❖ Formula can create stomach upset, gas, spitting up, and potential allergic reaction in newborns.
- ❖ Formula is more slowly digested than mom's milk, which increases the time between feedings and subsequently can reduce mom's milk supply.

I _____ (mother) of baby _____

acknowledge that I have read the above information, have been

counseled by _____ about the risks of

supplementation, and I consent for my baby to receive formula in the following

situations. (please check all that apply)

- during the night
- if baby continues to cry after nursing
- as mother requests

Signature of Mother _____

Witness _____

Date _____ Time _____