

Lactation Assessment of the Maternal Breast

<b>MATERNAL BREAST ASSESSMENT</b>	<b>WITHIN NORMAL PARAMETERS</b>	<b>OUTSIDE NORMAL PARAMETERS</b>
Breast Size	<input type="checkbox"/> Small <input type="checkbox"/> Moderate <input type="checkbox"/> Large <input type="checkbox"/> Changes noted during pregnancy	<input type="checkbox"/> Marked asymmetry <input type="checkbox"/> No prenatal changes <input type="checkbox"/> Augmentation <input type="checkbox"/> Reduction <input type="checkbox"/> Extramammary / hypermastia <input type="checkbox"/> Hypomastia
Breast Shape	<input type="checkbox"/> Convex <input type="checkbox"/> Conical <input type="checkbox"/> Pendulous	<input type="checkbox"/> Tubular <input type="checkbox"/> Underdeveloped <input type="checkbox"/> Wide angle / space
Skin of the Breast	<input type="checkbox"/> Soft pliable areola <input type="checkbox"/> Breast softer after feeding <input type="checkbox"/> Filling <input type="checkbox"/> Tattoo	<input type="checkbox"/> Non-pliable areola <input type="checkbox"/> Lesions <input type="checkbox"/> Scars <input type="checkbox"/> Engorged <input type="checkbox"/> Erythema <input type="checkbox"/> Warm to touch <input type="checkbox"/> Rash <input type="checkbox"/> Ecchymosis <input type="checkbox"/> Areolar edema <input type="checkbox"/> Nodules
Nipple Size	<input type="checkbox"/> Short <input type="checkbox"/> Medium <input type="checkbox"/> Long <input type="checkbox"/> Supernumerary nipples	<input type="checkbox"/> too long for baby <input type="checkbox"/> too wide for baby
Nipple Protraction / Shape	<input type="checkbox"/> Everted <input type="checkbox"/> Flat, Everts with stimulation	<input type="checkbox"/> Flat <input type="checkbox"/> Inverted <input type="checkbox"/> Inverts with stimulation <input type="checkbox"/> Bulbous <input type="checkbox"/> Dimpled <input type="checkbox"/> Flat <input type="checkbox"/> Bifurcated <input type="checkbox"/> Nipple piercing
Nipple Discharge	<input type="checkbox"/> Colostrum <input type="checkbox"/> Transitional milk <input type="checkbox"/> Mature milk	<input type="checkbox"/> Bloody <input type="checkbox"/> Purulent
Nipple Condition Before Feeding	<input type="checkbox"/> Skin intact <input type="checkbox"/> Normal Color <input type="checkbox"/> Normal variations	<input type="checkbox"/> Crescent-shaped abrasions <input type="checkbox"/> Crease or compression stripe <input type="checkbox"/> Erythema

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	<input type="checkbox"/> Mild tenderness in first week or initial seconds of latch on	<input type="checkbox"/> Ecchymosis <input type="checkbox"/> Cracked <input type="checkbox"/> Blanching <input type="checkbox"/> Bleeding <input type="checkbox"/> Blistered <input type="checkbox"/> Scabbed <input type="checkbox"/> Abraded <input type="checkbox"/> Beveled <input type="checkbox"/> Rash <input type="checkbox"/> Flakes <input type="checkbox"/> Fissures <input type="checkbox"/> Bleb/milk blister
Nipple Condition After Feeding	<input type="checkbox"/> Skin intact <input type="checkbox"/> Normal color <input type="checkbox"/> Rounded and elongated <input type="checkbox"/> Mild tenderness in first week or initial seconds of latch on	<input type="checkbox"/> Crescent-shaped abrasions <input type="checkbox"/> Crease or compression stripe <input type="checkbox"/> Erythema <input type="checkbox"/> Ecchymosis <input type="checkbox"/> Cracked <input type="checkbox"/> Blanching <input type="checkbox"/> Bleeding <input type="checkbox"/> Blistered <input type="checkbox"/> Scabbed <input type="checkbox"/> Abraded <input type="checkbox"/> Beveled <input type="checkbox"/> Rash <input type="checkbox"/> Flakes <input type="checkbox"/> Fissures <input type="checkbox"/> Bleb/Milk blister

### Resources:

- Biancuzzo, Marie. *Breastfeeding the Newborn* 2<sup>nd</sup> Ed., Mosby, 2003.
- Cadwell, Karin; Turner-Maffei, Cynthia; O'Connor, Barbara; and Blair, Anna. *Maternal and Infant Assessment for Breastfeeding and Human Lactation, A Guide for the Practitioner* Jones and Bartlett 2002.
- Hale, Thomas and Hartman, Peter. *Textbook of Human Lactation*, Hale Publishing, 2007.
- Lawrence, Ruth. *Breastfeeding A Guide for the Medical Profession* 6<sup>th</sup> Ed. Mosby, 2005
- Mannel, Rebecca; Martens Patricia; Walker, Marsha: Editors. *Core Curriculum for Lactation Consultant Practice* ILCA, 2<sup>nd</sup> Edition, Jones and Bartlett, 2008.
- Riordan, Jan. *Breastfeeding and Human Lactation* 4th ed. Jones and Bartlett, 2005.
- Walker Marsha, *Breastfeeding Management for the Clinician*, Jones and Bartlett, 2006.
- Wilson-Clay, Barbara and Hoover, Kay. *The Breastfeeding Atlas*, Lactnews Press, 2005.

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