BREASTFEEDING MANAGEMENT FLOW CHART FOR TERM INFANTS FOR FIRST 3 DAYS POSTPARTUM (NO MATERNAL RISK FACTORS)

FIRST 24 HOURS: Breastfeed within 1 hour of birth. Consistent skin to skin contact encouraged. Support breastfeeding attempts in response to early feeding cues at least every 3 hours. Evidence of at least 3-4 effective feedings in the first 24 hrs is desired. AFTER 24 HOURS: IS BABY WAKING AND FEEDING EFFECTIVELY EVERY 1-3 HOURS (building up to 8-12 feedings in 24 hrs)? No WAKE BABY Unwrap Baby, use gentle stimulation •Cool wet cloth to face and head •Skin to skin contact Yes •Breast compression/ massage if baby sleepy at the breast Yes IS BABY FEEDING EFFECTIVELY? •Good positioning and alignment Continue 2-3 hour feedings •Bring baby in close with chin first •Long jaw glide with audible swallow and maternal comfort **ACTIONS:** Report negative findings to MD. No Refer to Lactation Consultant **Present** ASSESS FOR: Supplement as per policy •Factors that may inhibit the baby's willingness/ability to feed effectively Method dependent on baby's condition •Dimpling/clicking while feeding, nipple pain, sleepy baby, frantically hungry baby *If supplementation is medicallyindicated, always give expressed breast •Signs and symptoms of hypoglycemia, sepsis, hyperbilirubinemia (non-hemolytic) and milk first dehydration •Excessive weight loss (>10%) WITH no breast changes AND baby frantically hungry/ sleepy at the breast Not present FIRST 24 HOURS: encourage mother to manually express drops of colostrum into teaspoon/cup and feed baby AFTER 24 HOURS: Wait 1-2 hours and repeat cycle of observations and actions