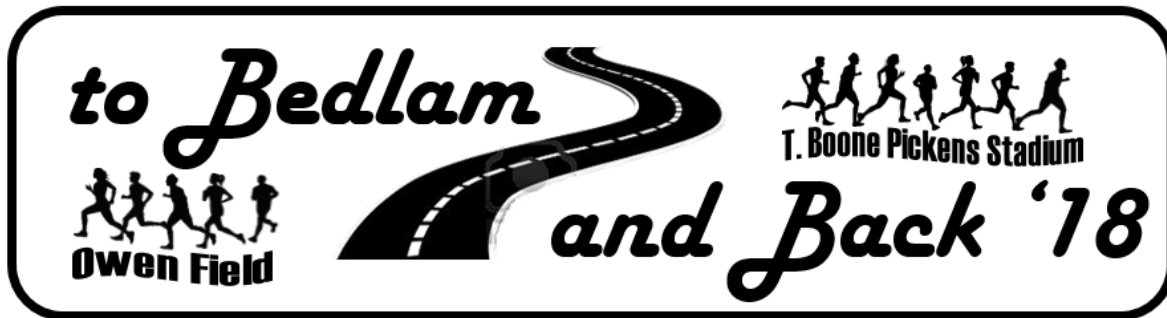




## UNIVERSITY HEALTH CLUB & OUHSC RUNNING CLUB

Presents



**The Full or Half 170mi Run/Walk Challenge  
September 1<sup>st</sup> – November 10<sup>th</sup>**

**[ouhsc.edu/uhc](http://ouhsc.edu/uhc) | (405) 271-1650 | Facebook**

### INFORMATION

This FREE Running/Walking Challenge is open to all OUHSC Students, Faculty, Staff, and University Health Club members.

This challenge is meant to keep you moving from OU's opening football game day (Sept 1) until they meet with OSU for the annual Bedlam Rivalry (Nov 10).

T-Shirts will be awarded to those who complete either the *To Bedlam and Back Challenge Half* (85 miles) or the *To Bedlam and Back Challenge Full* (170 miles).

Participants must report mileage the day it is completed.

How to Report Mileage:

1. Message the OUHSC University Health Club Facebook page.
2. Email [Jared-McArthur@ouhsc.edu](mailto:Jared-McArthur@ouhsc.edu).
3. Stop by the University Health Club front desk or the University Research Park Health Club front desk.

**To Bedlam and Back '18 Run/Walk Challenge**  
**University Health Club**  
**September 1 – November 10, 2018**

**PLEASE TYPE OR PRINT CLEARLY**

Participant Name: \_\_\_\_\_

Home Address: \_\_\_\_\_  
(Street) (City) (Zip Code)

**LIABILITY WAIVER AND RELEASE/ASSUMPTION OF RISK.** I hereby affirm that I am in proper physical condition to participate in the *To Bedlam and Back '18 Run/Walk Challenge*. In consideration of my participation in this event, I hereby agree to fully assume any and all risks of personal injury and property damage that may arise from my participation and attendance at any Run/Walk Challenge event. I further agree to waive any and all claims for myself and my heirs for personal injury and property damage, of any kind or character whatsoever, against the Board of Regents of the University of Oklahoma, its employees, officers, directors and all sponsors and their agents, servants and employees, as well as all other event location owners and organizations, all participating companies and organizations and volunteers, hereinafter, collectively referred to as the ("Releasees"), and hereby release the Releasees from all liability for any such claims of injury or illness which may directly or indirectly arise from, or occur as a result of my participating in the Run/Walk Challenge event.

**INDEMNITY.** In further consideration of acceptance of this entry to participate in and attend the Run/Walk Challenge, I hereby agree to indemnify and hold harmless the Releasees from and against any and all claims of third parties, including but not limited to fellow employees and members of the public, for personal injury and/or property damage which may result from or be caused by the undersigned's intentional, deliberate or negligent conduct while engaging in and/or attending the To Bedlam and Back '18 Run/Walk Challenge. This indemnity shall survive my participation in and attendance at the Swim Challenge events.

**PERMISSION TO USE NAME AND PHOTO.** I understand that while participating in the To Bedlam and Back '18 Run/Walk Challenge I may be photographed by the Releasees or their agents. I hereby grant my permission to the Releasees the exclusive and free right to tape, broadcast, telecast, video, sell, photograph, record, or use in any other electronic or mechanical reproduction in connection with the Run/Walk Challenge, my name or my likeness alone or with other persons, together with alterations or edited versions of the foregoing.

**CANCELLATION AND START TIME.** I understand that the To Bedlam and Back '18 Run/Walk Challenge may be canceled in the sole judgment and discretion, including if unsafe conditions exist for any reason, but not limited to rain, snow, sleet, hail, lightening, tornado conditions, heat, civil disturbances, strikes or any other circumstances found to cause unsafe conditions by sponsors.

I further agree that the starting time of the event may be changed at the sole discretion of the Releasees.

By signing this form, I acknowledge that I have read this Run/Walk Challenge Release Form in its entirety, and fully understand if I am signing as the parent or legal guardian of a minor participant. I accept these terms and agree to this release on behalf of and in the interest of the minor, and agree with its contents, and fully accept all of its terms, conditions, and provisions.

**Participant Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Participant Email:** \_\_\_\_\_ **T-Shirt Size:** \_\_\_\_\_